Republic of the Philippines
Department of Education
REGION IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE

DEPED QUEZON
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DIVISION ADVISORY NO. 398, s. 2025
December 17, 2025

In compliance with DepEd Order (DO) No. 8, s. 2013,
this advisory is issued not for endorsement as per DO 28, s. 2001,
but only for the information of DepEd officials,
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2026 INTERNATIONAL EXERCISE AND SPORTS SCIENCE CONGRESS

To enhance participants' professional and academic competencies, promote collaborative learning and innovation, strengthen institutional and industry partnerships, and cultivate values-driven leadership in sports education, the Inspire Sports Academy invites educators and learners from both public and private institutions specializing in exercise science, sports performance, rehabilitation, and physical education to participate in the 2026 International Exercise and Sports Science Congress, to be held on the rescheduled dates of April 10–12, 2026.

Participation of learners and teachers from public and private schools will be purely voluntary and will not hamper instructional time in compliance with the provision of DepEd Order No. 12, s. 2025 titled "Multi-Year Implementing Guidelines on the School Calendar and Activities for the School Year 2025-2026," and DepEd Order No. 9, s. 2005 titled "Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith" and the policy on off-campus activities stated in DepEd Order No. 66, s. 2017.

This is also subject to the no-collection policy as stated in Section 3 of Republic Act No. 5546 also known as An Act Prohibiting the Sale of Tickets and/or the Collection of Contribution for Whatever Project or Purpose from Students and Teachers of Public and Private Schools, Colleges and Universities (Ganzon Law).

For more details on the conduct of the said activity, please see the attached letter.

DEPEDQUEZON-TM-SDS-04-011-003 OK

Advisory No. **241**, s. 2025
December 9, 2025
In compliance with DepEd Order (DO) No. 8, s. 2013
this advisory is issued not for endorsement per DO 28, s. 2001,
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CHANGE IN ADVISORY NO. 218, s. 2025
(2026 International Exercise and Sports Science Congress)

The Inspire Sports Academy Philippines announces the change in Advisory No. 218, s. 2025.

The Congress is now rescheduled to take place on April 10–12, 2026.

All other provisions of the said Advisory remain in effect.

For more information, please contact:

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2026 International Exercise and Sports Science Congress
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2026 International Exercise and Sports Science Congress
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Advisory No. **218**, s. 2025
November 5, 2025
In compliance with DepEd Order (DO) No. 8, s. 2013
this advisory is issued not for endorsement per DO 28, s. 2001,
but only for the information of DepEd officials,
personnel/staff, as well as the concerned public.
(Visit www.deped.gov.ph)

2026 INTERNATIONAL EXERCISE AND SPORTS SCIENCE CONGRESS

The Inspire Sports Academy Philippines will conduct the 2026 International Exercise and Sports Science Congress (IESSC2026), to be held at Inspire Sports Academy and National University Laguna-Calamba City on January 16–18, 2026.

With the theme, Optimizing Human Performance: The Science Behind Sports, the three-day Congress offers a dynamic and interactive learning experience that blends academic discourse with practical application in the field of exercise and sports science. The program will feature plenary sessions led by international and local experts, research presentations, hands-on workshops, and networking opportunities that collectively foster both theoretical understanding and experiential learning. It specifically aims to enable participants to

1. enhance their professional and academic competence,
2. foster their collaborative learning and innovation,
3. promote institutional and industry partnerships, and
4. develop values and leadership skills in sports education.

Professionals, researchers, educators, and learners from both public and private schools specializing in exercise science, sports performance, rehabilitation, and physical education are invited to take part in this event.

Interested participants may register through the following link: https://forms.gle/XAKu7u57EuZhd7EJ9.

Participation of learners and teachers from public and private schools shall be purely voluntary and will not hamper instructional time in compliance with the provisions of DepEd Order (DO) No. 012, s. 2025, titled Multi-Year Implementing Guidelines on the School Calendar and Activities and DO 9, s. 2005 titled Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith and the policy on off-campus activities stated in DO 66, s. 2017.

This is also subject to the no-collection policy as stated in Section 3 of Republic Act No. 5546 also known as An Act Prohibiting the Sale of Tickets and/or the Collection of Contributions for Whatever Project or Purpose from Students and Teachers of Public and Private Schools, Colleges and Universities (Ganzon Law), issued in DO 19, s. 2008, and reiterated in DepEd Memorandum No. 041, s. 2024.

For more information, please contact

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